

Dunes Splash World

Monday to Friday: 7.00am - 10.00pm
Saturday and Sunday: 9.00am - 4.00pm

activefitness

Timetables subject to change Version 2.
Commences on 1.9.22

Esplanade, Southport PR8 1RX. Tel: 01704 537160

main pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-19:00 Public Swim	7:00-19:30 Public Swim	7:00-19:30 Public Swim	7:00-19:30 Public Swim	7:00-21:30 Public Swim	12:00-16:00 Public Swim	9:00-16:00 Public Swim
9:00-10:00 £1 Swim	18:30-19:30 £1 Swim	14:30-15:30 Calm Waters	13:00-14:00 £1 Swim	16:00-17:00 £1 Swim	14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash
10:00-11:00 Calm Waters	21:00-22:00 Adults Only	20:30-22:00 Calm Waters	21:00-22:00 Adults Only	19:00-20:00 Swim & Splash		
19:00-20:00 Ladies Calm Waters				20:00-21:30 Calm Waters		

Swim & Splash: Disco music and lighting

Calm Waters: Calming music and gentle lighting

£1 Swim: For over 60's and under 16's (term time only)

learner pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00-13:00 Public Swim		10:00-13:00 Public Swim			12:00-16:00 Public Swim	9:00-16:00 Public Swim
11:30-13:00 Swim & Splash		11:30-13:00 Swim & Splash			14:00-16:00 Swim & Splash	14:00-16:00 Swim & Splash

More information at www.activeseftonfitness.co.uk, at reception or call on 01704 537 160

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MORE THAN JUST A GYM

One membership. **Six locations.**

Bootle Leisure Centre

Crosby Lakeside

Dunes Splash World

Litherland Sports Park

Meadows Leisure Centre

Netherton Activity Centre

active sefton

Sefton Council