

# Dunes Splash World

Monday to Friday: 7.00am - 10.00pm  
Saturday and Sunday: 9.00am - 4.00pm

**activefitness**

Timetables subject to change Version 1.  
Commences on 02.09.24

Esplanade, Southport PR8 1RX. Tel: 01704 537160

## main pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-19:00 <b>Public Swim</b>	7:00-19:30 <b>Public Swim</b>	7:00-19:30 <b>Public Swim</b>	7:00-19:30 <b>Public Swim</b>	7:00-21:30 <b>Public Swim</b>	12:00-16:00 <b>Public Swim</b>	9:00-16:00 <b>Public Swim</b>
9:00-10:00 <b>£2 Swim</b>	18:30-19:30 <b>£2 Swim</b>	14:30-15:30 <b>Calm Waters</b>	13:00-14:00 <b>£2 Swim</b>	16:00-17:00 <b>£2 Swim</b>	14:00-16:00 <b>Swim &amp; Splash</b>	14:00-16:00 <b>Swim &amp; Splash</b>
10:00-11:00 <b>Calm Waters</b>	21:00-22:00 <b>Adults Only</b>	20:30-22:00 <b>Calm Waters</b>	21:00-22:00 <b>Adults Only</b>	19:00-20:00 <b>Swim &amp; Splash</b>		
19:00-20:00 <b>Ladies Calm Waters</b>				20:00-21:30 <b>Calm Waters</b>		

**Swim & Splash:** Disco music and lighting

**Calm Waters:** Calming music and gentle lighting

**£2 Swim:** For over 60's and under 16's (term time only)

## learner pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00-13:00 <b>Public Swim</b>		10:00-13:00 <b>Public Swim</b>			12:00-16:00 <b>Public Swim</b>	9:00-16:00 <b>Public Swim</b>
11:30-13:00 <b>Swim &amp; Splash</b>		10:00-11:30 <b>Swim &amp; Splash</b>			14:00-16:00 <b>Swim &amp; Splash</b>	14:00-16:00 <b>Swim &amp; Splash</b>

More information at [www.activeseftonfitness.co.uk](http://www.activeseftonfitness.co.uk), at reception or call on 01704 537 160

**activefitness**

MORE THAN JUST A GYM

One membership. Six locations.

**Bootle** Leisure Centre

**Crosby** Lakeside

**Dunes** Splash World

**Litherland** Sports Park

**Meadows** Leisure Centre

**Netherton** Activity Centre

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Sefton Council 