

main pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-12:00 Public Swim	6:30-8:00 Public Swim	6:30-12:00 Public Swim	6:30-12:00 Public Swim	6:30-12:00 Public Swim	8:30-17:00 Public Swim	8:30-15:00 Public Swim
6:30-8:30 £1 Swim over 60s	8:00-9:00 Calm Waters	6:30-8:30 £1 Swim Over 60's	8:00-9:00 Calm Waters	6:30-8:30 £1 Swim Over 60's	2 Lanes 8:30-12:00 Lessons	2 Lanes 8:30-12:00 Lessons
2.5 Lanes 12:00-13:00 Adult Only	9:00-12:00 Public Swim	12:00-13:00 Adult Only	2.5 Lanes 12:00-13:00 Adult Only	12:00-13:00 Adult Only	3 Lanes 12:00-14:30 Swimming Club	All Lanes 15:00-17:00 Swimming Club
2.5 Lanes 12:15-13:00 Aqua Fit	12:00-13:00 Adult Only	13:00-20:00 Public Swim	12:00-13:00 £1 Swim over 60s	13:00-20:00 Public Swim		
13:00-19:00 Public Swim	12:00-13:00 £1 Swim Over 60's	2 Lanes 15:00-19:15 Lessons	2.5 Lanes 12:15-13:00 Aqua Fit	2 Lanes 15:00-19:00 Lessons		
2 Lanes 15:00-19:00 Lessons	13:00-20:00 Public Swim	20:00-21:00 Calm Waters Adult Only	13:00-19:00 Public Swim	20:00-21:00 Adult Only		
All Lanes 19:00-21:00 Swimming Club	2 Lanes 15:00-20:00 Lessons	2 Lanes 21:00-22:00 Tri Club	2 Lanes 15:00-19:00 Lessons			
2 Lanes 21:00-22:00 Tri Club	20:00-20:45 Aqua Fit	21:00-22:00 Adult Only	All Lanes 19:00-21:00 Swimming Club			
21:00-22:00 Adult Only	20:45-21:45 Adult Only		21:00-22:00 Adult Only			

learner pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	6:30-9:00 Public Swim	12:00-17:00 Public Swim	12:00-15:00 Public Swim
12:00-13:00 Swim & Splash	12:00-13:00 Swim & Splash	12:00-13:00 Swim & Splash	12:00-13:00 Swim & Splash	12:00-13:00 Swim & Splash		
	19:15-20:00 Public Swim	19:15-20:00 Public Swim		19:00-20:00 Public Swim		

Non-members can now join our new registration scheme.

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