

Dunes Splash World

activefitness

Monday to Friday: 7.00am - 10.00pm

Saturday and Sunday: 9.00am - 4.00pm

Timetables subject to change
Version 1. Commences on 1.9.22

main pool

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------------------------|----------------------------|----------------------------|----------------------------|------------------------------|------------------------------|------------------------------|
| 7:00-19:00 Public Swim | 7:00-19:30 Public Swim | 7:00-19:30 Public Swim | 7:00-19:30 Public Swim | 7:00-21:30 Public Swim | 12:00-16:00 Public Swim | 9:00-16:00 Public Swim |
| 9:00-10:00 £1 Swim | 18:30-19:30 £1 Swim | 14:30-15:30 Calm Waters | 13:00-14:00 £1 Swim | 16:00-17:00 £1 Swim | 14:00-16:00 Swim & Splash | 14:00-16:00 Swim & Splash |
| 10:00-11:00 Calm Waters | 21:00-22:00 Adults Only | 20:30-22:00 Calm Waters | 21:00-22:00 Adults Only | 19:00-20:00 Swim & Splash | | |
| 19:00-20:00 Ladies Calm Waters | | | | 20:00-21:30 Calm Waters | | |

Swim & Splash: Disco music and lighting

Calm Waters: Calming music and gentle lighting

£1 Swim: For over 60's and under 16's (term time only)

small pool

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------------------|---------|------------------------------|----------|--------|------------------------------|------------------------------|
| 10:00-13:00 Public Swim | | 10:00-13:00 Public Swim | | | 12:00-16:00 Public Swim | 9:00-16:00 Public Swim |
| 11:30-13:00 Swim & Splash | | 11:30-13:00 Swim & Splash | | | 14:00-16:00 Swim & Splash | 14:00-16:00 Swim & Splash |

Non-members can now join our new registration scheme.

Join free at sefton.gov.uk/getin

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MORE THAN JUST A GYM



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