

HALF TERM
TIMETABLE

W/C 14 FEB 22 - 18 FEB 22



What's your swimming style? Find the right swim session for you



Dunes: Main Pool

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------|---------------------------------|
| 7.00am-7.00pm Public Swim | 7.00am-7.30pm Public Swim | 7.00am-7.30pm Public Swim | 7.00am-7.30pm Public Swim | 7.00am-9.30pm Public Swim | 12.00pm-4.00pm Public Swim | 9.00am-4.00pm Public Swim |
| 9.00am-10.00am Calm Waters* | 9.00am-10.00am Calm Waters* | 9.00am-10.00am Calm Waters* | 9.00am-10.00am Calm Waters* | 9.00am-10.00am Calm Waters* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* |
| 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | | |
| 12.00pm-2.00pm Adult Swim | 12.00pm-2.00pm Adult Swim | 12.00pm-2.00pm Adult Swim | 12.00pm-2.00pm Adult Swim | 12.00pm-2.00pm Adult Swim | | |
| 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | | |
| 7.00pm-8.00pm (Ladies Only) | 9.00pm-10.00pm (Adults Only) | 8.30pm-10.00pm Calm Waters | 9.00pm-10.00pm (Adults Only) | 8.00pm-9.30pm Calm Waters | | |
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Swim & Splash
Disco music and lighting

Calm Waters
Calming music and gentle lighting

Dunes: Small Pool

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------|---------------------------------|
| 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 10.00am-12.00pm Swim & Splash* | 12.00pm-4.00pm Public Swim | 9.00am-4.00pm Public Swim |
| 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* | 2.00pm-4.00pm Swim & Splash* |
| | | | | | | |

Non-members can now join our new registration scheme.

Join free at sefton.gov.uk/getin

Your pool. Get in!

active sefton

