

ACTIVE SEFTON UPDATE

In line with the new Government guidance of Tier 3 COVID restrictions.

Active Sefton can clarify that the following are suspended across all 6 centres;

- ✗ -Gyms,
- ✗ -Indoor fitness classes,
- ✗ -Public swimming sessions,
- ✗ -Adult and child swimming lessons

The guidance does allow children or people with disabilities to take part in any indoor sport or other fitness related activity, and permits outdoor activity to continue for all ages.

We can **CONFIRM** we are in a position to continue to provide the following in line with relevant guidance:

- ✓ -All under 18's swimming lessons, including school swimming lessons and swimming club sessions
- ✓ -Indoor activities for under 18's in line with relevant national governing body guidance
- ✓ -Organised disability sport provision, this includes Aiming High activities
- ✓ -Outdoor sport and physical activity can still take place for all ages across Active Sefton leisure centre sites.

This includes:

Crosby Lakeside Adventure Center – Lake Activities.

Dunes Leisure Centre – 3G Pitch Hire.

Litherland Sports Park – Athletics Track, Netball Courts, Astro Turf and Cycle Track.

Netherton Activity Centre – 3G Pitch Hire (Junior matches).

- 1 parent/guardian is allowed to attend a match with their child
- No spectators are allowed to attend any adult amateur football matches
- No indoor spectators for under 18's activities.

For any Active Sefton related queries please contact Retention@sefton.gov.uk